Practice-based Coaching

Tips for Virtual Coaching

Practice-based coaching supports teachers, practitioners, and families to use practices that promote children’s development and learning. Virtual practice-based coaching provides opportunities for shared goal setting, action planning, observation, and reflection and feedback to occur from a distance. Here are some tips for your virtual coaching session.

- Use a password-protected or encrypted device approved by your program.
- Test the internet connection with your coach before you start your session.
- Make sure you and your coach can hear each other. Use a microphone to enhance sound.
- Put the device on a small tripod or stable surface. Make sure faces and materials are visible.

Coaching Essentials

There are some things you will do every time you meet with your coach. These are the coaching essentials.

- Discuss progress toward the action plan goal or steps
- Practice using evidence-based practices during a focused observation
- Reflect with your coach about your use of practices that are the focus of your goal and action plan
- Receive feedback about your use of practices that are the focus of your goal and action plan
- Discuss resources to support your use of practices that are the focus of your goal and action plan