

# Practice-based Coaching

## Guidance for Virtual Coaching

Practice-based coaching supports teachers, practitioners, and families to use practices that promote children's development and learning. Virtual practice-based coaching provides opportunities for shared goal setting, action planning, observation, and reflection and feedback to occur from a distance.



## The Essentials

### SET GOALS & PLAN ACTIONS

Use screen sharing during a video conference. Email or text the plan if screen sharing is not possible. Check or confirm any changes made to the plan.

### OBSERVE

Watch video or use a device like a cell phone, webcam, or tablet to watch practice implementation.

### REFLECT

Meet by video conference or phone. Ask questions and make comments to facilitate reflection about progress toward the action plan goal and steps.

### GIVE FEEDBACK

Meet by video conference or phone. Give specific supportive and constructive feedback based on your observation and in relation to the goal and action plan. Use screen sharing when possible to show video or screen shots of practices you observed.

### SHARE RESOURCES

Use screen sharing when possible to share resources during the session. Email or text resources after.

## Virtual Options