

Virtual Home Visiting Quick Reference

PROVIDER GUIDANCE



IMPLEMENTING FLORIDA EMBEDDED PRACTICES AND INTERVENTION WITH CAREGIVERS (FL-EPIC) MODEL VIRTUALLY

05/22/2020





CONNECTION MATTERS



VIDEO RECORDING BASIC TIPS



Lighting



Secure Surface



Save Recording

- Adequate lighting ensures both parties can see each other. Lighting that is aimed toward a person's face is better than lighting coming from behind a person.
- Place the device (e.g., laptop, camera, phone, tablet) on a firm secure surface for clear picture. It is helpful to position the device farther away to increase the viewing space.
- Save the virtual home visit recording to your desktop or selected folder. You can adjust your settings to ensure the video uploads to the correct folder.
- Test audio with the family if possible. Some families or providers may need an external microphone.

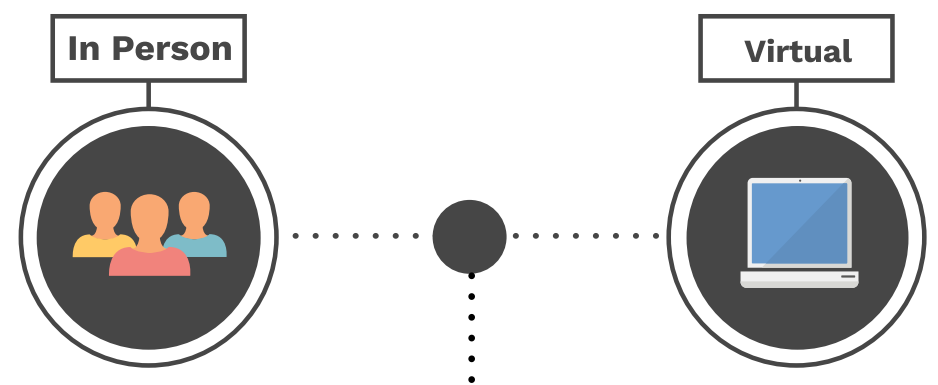
REMINDERS

- If possible, hardwire computers or laptops directly to a router.
- Update computer software and delete unused programs to increase memory.
- Close all other programs that are not needed during the virtual session (e.g., browsers, calendar).

Virtual home visits are not expected to look like a professional video. Using the Florida Embedded Practices and Intervention with Caregivers (FL-EPIC) model, providers will support caregivers during everyday activities and routines to embed learning opportunities for their child. Every family is unique and interactions will look different across homes, families, and routines.

Virtual Home Visiting Session

Implementing FL-EPIC Home Visiting Practices Virtually



Set the Stage	<ul style="list-style-type: none"> • These practices are implemented the same in person and virtually.
Observe	<ul style="list-style-type: none"> • In person, providers may not explicitly tell the caregiver they are observing. • Virtually, providers should explicitly tell caregivers they are observing; long periods of silence may indicate a connectivity issue.
Provide Embedded Opportunities	<ul style="list-style-type: none"> • In person, the provider demonstrates and narrates a strategy with the child. • Virtually, the provider may use a doll, stuffed animal, other materials, or video examples to demonstrate and narrate a strategy.
Problem Solve and Reflect	<ul style="list-style-type: none"> • These practices are implemented the same in person and virtually; however, the caregiver may be prompted to provide additional descriptions of child behavior, materials, people, or routines that are not visible or audible.
Review	<ul style="list-style-type: none"> • In person, the caregiver is encouraged to write their responses on the 5Q Visual Model. • Virtually, the provider may share their screen and type caregiver responses into the 5Q Visual Model, then email to caregiver.



ADDITIONAL RESOURCES



Additional Tips for Successful Virtual Home Visits



- Coach caregivers to implement strategies during routines when and where they normally occur.
- Avoid the caregiver bringing everything to one location (e.g., snack, toy play, and book reading are all done at kitchen table).



- When asking questions, increase the amount of time you give for caregivers to respond.
- Internet connections may result in delayed responses.



- Ask the caregiver to provide contextual information that may not be visible or audible to the provider (e.g., repeating a child's vocalization, describing materials).

• A to Z of Early Childhood: H is for Home Visiting

• A to Z of Early Childhood: E is for Everyday Learning Opportunities

• Service Delivery through Tele-Intervention and Distance Learning

• Resources within Reason: Using Telepractice to Support Children and Families